

Universal Maidens Association Cameroon (UNIMAC) Activity Report.

Sustainable Agriculture Through Home Gardening



At UNIMAC, we believe sustainable agriculture is not only a science but also a pathway to self-sufficiency and empowerment for our maidens. This season, our volunteers have engaged in hands-on home gardening initiatives, growing nutrient-rich vegetables such as cabbages, onions, leeks, and more.



Agricultural Techniques and Best Practices: Our approach prioritizes practical science in agriculture, emphasizing efficient crop association—the strategic planting of compatible crops to boost growth and manage pests naturally. With a strong focus on water management, volunteers have introduced simple yet effective irrigation and drainage systems to maintain consistent hydration and crop health.

These home gardens are designed for easy maintenance, allowing maidens to manage their plots with minimal resources. The gardens also contribute to agro-tourism, serving as educational models to inspire sustainable practices within local communities.



Impact on Maidens: By involving our maidens directly in sustainable agriculture, we're equipping them with essential skills, fostering self-reliance, and providing them with a source of both nutrition and potential income. This initiative empowers them to transform small spaces into productive gardens, offering both immediate sustenance and long-term growth.



Call to Action: To expand this impactful program and reach even more maidens, we need your support. With your donations, we can enhance our resources, provide additional training, and cultivate a future where more maidens gain the power to grow their own success.

Let's invest in a greener, more resilient future—one garden at a time. Thank you for standing with us.